### **NEVADA HMO INDUSTRY PROFILE**

### FIRST QUARTER REPORT

**January 1, 2001 through March 31, 2001** 

### Bureau of Health Planning and Statistics Nevada State Health Division Department of Human Resources

Kenny Guinn, Governor Charlotte Crawford, Director Department of Human Resources Yvonne Sylva, Administrator Nevada State Health Division

### NEVADA HMO INDUSTRY PROFILE FIRST QUARTER REPORT

**January 1, 2001 through March 31, 2001** 

### **Compiled by**

Tina Perry Health Resource Analyst

Bureau of Health Planning and Statistics Emil DeJan, Bureau Chief Nevada State Health Division Department of Human Resources State of Nevada

Please direct any comments or suggestions to: Bureau of Health Planning and Statistics Nevada State Health Division 505 E. King Street, Room 102 Carson City, NV 89701-4749

Office Phone: (775) 684-4218 Fax: (775) 684-4156

### **TABLE OF CONTENTS**

Table of Con	tents1
Introduction.	2
Table I	Profile of Nevada Licensed HMOs3
Table II	HMO Commercial Enrollment6
Table III	HMO Rural Commercial Enrollment by County7
Table IV	HMO Commercial Enrollment Trends8
Table V	HMO Medicare Enrollment9
Table VI	HMO Rural Medicare Enrollment by County10
Table VII	HMO Enrollment Trends11
Table VIII	HMO Medicaid Enrollment12
Table IX	HMO Medicaid Enrollment Trends13
Table X	HMO Nevada Check-Up Enrollment14
Table XI	Total HMO Market Penetration by County15
Table XII	PPO Enrollment Trends by Health Plan16
Table XIII	PPO Enrollment by Geographic Area17
Table Notes	18

### INTRODUCTION

The Nevada HMO Industry Profile is published quarterly and contains valuable information regarding Nevada's licensed health maintenance organizations (HMOs). This profile is useful to healthcare providers and others interested in managed care services available within the state.

Each quarterly report presents company specific organizational data, as well as, quarterly enrollment data arranged by county. Enrollment data are categorized by enrollee population and product (i.e. Commercial Plan, Medicare, Medicaid, Nevada Check Up). Market penetration information is also provided.

### First Quarter 2001 HMO Activity Highlights

- □ This first quarter report of 2001 (as well as the previous quarterly reports from the year 2000) can be accessed online at, as well as downloaded from, the following web address: <a href="http://health2k.state.nv.us/vs">http://health2k.state.nv.us/vs</a>
- □ If you would like to get on the email list for this publication to be sent electronically in Adobe Acrobat© Format, please send an email message to Tina Perry at <a href="mailto:tperry@govmail.state.nv.us">tperry@govmail.state.nv.us</a>

Table I

## PROFILE OF NEVADA LICENSED HMOS

Enrollment for Quarter Ending: March 31,2001

OWH	Contact	Service Area	Forcellmont	
Own	Contract	DOI MOCATION	EIII OIIIICIII	
Aetna US Healthcare	Ruth Szczurko, RN, MBA	Clark County, Reno/Sparks, and	Commercial:	50,432
4000 South Eastern Ave., Suite 150	Quality Accreditation Manager	Pahrump in Nye County	Medicare:	ı
Las Vegas, NV 89117	Phone: 702-650-8243		Medicaid:	ı
			NV Check-Up:	ı
Model: Network	General Manager: Cliff Klima		Total:	50,432
Licensed: July, 1997				
For-profit; Foreign HMO	Medical Director: Dr. Richard Jones		PPO Total:	ı
NCQA New Health Plan Accreditation 2/00.				
Health Plan of Nevada	Todd Lefkowitz	Clark, Esmeralda, Lyon,	Commercial:	142,876
(Subsidiary of Sierra Health Services)	Director of Operations, Managed Care Div.	Mineral, Nye, and	Medicare:	43,270
P.O. Box 15645	Phone: 702-242-7252	Washoe, Counties	Medicaid:	16,136
Las Vegas, NV 89114-5645			NV Check-Up:	ı
	Kelly Simonson, Medicaid Director		Total:	202,282
Model: Group/Network Combination	Phone: 702-242-7409			
Licensed: April 1982			PPO Total:	21,364
For-profit; Domestic HMO	Medical Director: Dr. Sameer Abu-Samrah			
	Federally Qualified: All service areas			
NCQA Accreditation 8/00.	Medicare Risk Contract: All service areas			
HMO Nevada	Blair Christensen, Vice-President	Carson City, Clark,	Commercial:	2,698
6900 Westcliff Dr., Suite 600	Phone: 702 228-2583	Douglas, Elko, Esmeralda,	Medicare:	ı
Las Vegas, NV 89145		Eureka, Humboldt,	Medicaid:	ı
	Medical Director: Dr. William Bannen	Lincoln, Lyon, Nye	NV Check-Up:	ı
Licensed: December 1992		Storey and Washoe	Total:	2,698
For-profit; Foreign HMO	Federally Qualified: Clark County	Counties		
State Quality Exam: 8/2000, JCAHO			PPO Total:	143,476
Substantial Compliance				

HMO	Contact	Service Area	Enrollment	
Hometown Health Plan	Troy Smith, Vice-President Insurance Srvcs.	Carson City, Churchill,	Commercial:	27,723
400 S. Wells Ave.	Phone (775) 982-3000	Douglas, Elko, Eureka,	Medicare:	6,325
Reno, NV 89502		Humboldt, Lander,	Medicaid:	ı
Model: Network	Medical Director: Dr. Gabriel Bonnet	Lyon, Mineral, Pershing,	NV Check-Up:	ı
		Storey and Washoe	Total:	34,048
Licensed: February 1988	Federally Qualified: All service areas	Counties		
Non-profit; Domestic HMO	Medicare Risk Contract: Washoe County		PPO Total:	11,528
State Quality Exam: HCFA 7/98				
NevadaCare, Inc.	Curt Howell, Vice President of Program Development Clark County, and	Clark County, and	Commercial:	27,997
1701 Charleston Blvd., Suite 420	Phone: 702-474-7241	Reno / Sparks in	Medicare:	ı
Las Vegas, NV 89102		Washoe County	Medicaid:	25,354
	Medical Director: Dr. Tom Quam		NV Check-Up:	6,341
Model: Network			Total:	59,692
Licensed: September 1995				
For-profit; Domestic HMO			PPO Total:	1
State Quality Exam: 11/98, JCAHO				
PacifiCare of Nevada, Inc.	Dr. Bard Coats, President and Chief Med. Officer	Carson City, Clark,	Commercial:	36,878
700 Warm Springs Rd.	Phone: 702-269-7500	Douglas, Esmeralda,	Medicare:	33,075
Las Vegas, NV 89119		Lyon, Mineral, Nye,	Medicaid:	1
	Dr. John Rush, Medical Director	Storey, and Washoe	NV Check-Up:	ı
Model: Network, and DSI Network		Counties	Total:	69,953
Licensed: September 1997	Federally Qualified: Clark County			
For-profit; Domestic HMO	Medicare risk contract: Clark County		PPO Total:	15
NCQA Full accreditation 2/01				
State Quality Exam: 2/00 HCFA				

HMO	Contact	Service Area	Enrollment	
St. Mary's Health First	M. Donald Kowitz, Chief Operating Officer	Carson City, Storey and	Commercial:	26,661
1155 W. Fourth Street #121	Phone: 775-770-6060	Washoe Counties.	Medicare:	ı
Reno, NV 89503		Douglas County except	Medicaid:	ı
	Medical Director: Dr. Dennis Shuman	Stateline and portions of	NV Check-Up:	ı
Model: Staff/Network combination		Lyon County	Total:	26,661
Licensed: June 1993			E	
For-profit; Domestic HMO State Quality Exam: 10/98 NCQA			PPO Total:	ı
Tower Health Nevada	Sebastian Ernandes, Director of Operations	Clark County	Commercial:	2,869
1701 W. Charleston Blvd. Suite 420	Phone: 702-873-6941		Medicare:	ı
Las Vegas, NV 89102			Medicaid:	ļ
	David Blackman, Chief Executive Officer		NV Check-Up:	Į
			Total:	2,869
Model: Network				
COA rec'd: March 2000			PPO Total:	
CO. E				
State Quality Exam. 7/03		, ,		9
United HealthCare of Nevada, Inc.	Emery Dameron, Chief Executive Officer	Clark County, and	Commercial:	8,260
1160 Town Center Dr, Suite 390	Phone: 702-240-1421	Pahrump in Nye County	Medicare:	ı
Las Vegas, NV 89144			Medicaid:	7,534
	Medical Director: Dr. Kenneth Osgood		NV Check-Up:	ı
			Total:	15,794
Model: Network				
Licensed: June 1997			PPO Total:	65,854
For-profit; Domestic HMO				
State Quality Exam: Not scheduled				

Enrollment	326,394	82,670	49,024	6,341	415,454
Nevada State Totals:	Commercial:	Medicare:	Medicaid:	NV Check-Up	Total Enrollment:

DSI: Delivery Service Intermediary

Table II

HMO COMMERCIAL ENROLLMENT

### by Geographic Area March 31,2001

	Clark	Washoe	Rural	Total
Health Plan	County	County	Counties	Commercial
Aetna US Healthcare	48,509	1,786	137	50,432
Health Plan of Nevada	133,336	6,844	2,696	142,876
HMO Nevada	1,789	794	115	2,698
Hometown Health Plan	486	23,848	3,389	27,723
NevadaCare, Inc.	27,773	224	-	27,997
PacifiCare of Nevada, Inc.	25,533	9,834	1,511	36,878
St. Mary's Health First	1	21,023	5,638	26,661
Tower Health Nevada	2,869	-	-	2,869
United HealthCare of Nevada	8,260	-	-	8,260
Totals	248,555	64,353	13,486	326,394
Market Penetration	19.5%	22.0%	4.9%	17.7%

Table III

# HMO RURAL COMMERCIAL ENROLLMENT BY COUNTY March 31,2001

County		Health Plan	HMO	Hometown			St. Mary's	lower		County
Carson City	Aetna	Nevada	Nevada	Health	NevadaCare	PacifiCare	Health First	Health NV	United	Total
Carson City		99	35	2,660	1	668	4,724	1	1	8,384
Churchill		27	4	ı	1		1	1	1	31
Douglas	1	28	18	944	1	612	448	1	1	1,552
Elko		10	1	87	1	1	1	1	1	39
Esmeralda		4	0	-	1	1	1	1	1	4
Eureka	1	0	0	-	1	1	1	1	1	0
Humboldt		5	0	42	1	1	1	1	1	47
Lander		4	0	-	1	1	1	1	1	4
Lincoln		58	0	-	1	1	1	1	1	58
Lyon	1	241	36	213	1	1	365	1	1	855
Mineral		15	0	-	1	1	1	1	1	15
Nye	137	2,219	19	-	1	1	1	1	1	2,375
Pershing		3	0	0	1	1	1	1	1	3
Storey	1	11	2	-	1	1	101	1	1	114
White Pine	-	5	0	-	1	-	-	-	1	5
Undefined	1	1	-	-	1	-	1	-	1	0
TOTAL	137	2,696	115	68£'£	0	1,511	5,638	0	0	13,486

Please refer to "TABLE NOTES" for important additional information.

Table IV

HMO COMMERCIAL ENROLLMENT TRENDS

March 31,2001

Health Plan	Enrollment  March 31,2001	Enrollment  March 31,2000	Difference	Percentage Change
Aetna US Healthcare	50,432	35,981	14,451	40.2%
Health Plan of Nevada	142,876	204,504	-61,628	-30.1%
HMO Nevada	2,698	6,064	-3,366	-55.5%
Hometown Health Plan	27,723	33,371	-5,648	-16.9%
NevadaCare, Inc.	27,997	15,970	12,027	75.3%
PacifiCare of Nevada, Inc.	36,878	33,509	3,369	10.1%
St. Mary's HealthFirst	26,661	19,708	6,953	35.3%
Tower Health Nevada	2,869	-	-	-
United HealthCare of Nevada	8,260	15,319	-7,059	-46.1%
Totals	326,394	364,426	-38,032	-10.4%

Table V

HMO MEDICARE ENROLLMENT
by Geographic Area
March 31,2001

Health Plan	Clark County	Washoe County	Rural Counties	Total Medicare
Aetna US Healthcare	-	-	1	-
Health Plan of Nevada	34,782	4,099	4,389	43,270
HMO Nevada	-	-	1	-
Hometown Health Plan	-	6,325	-	6,325
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	33,075	-	-	33,075
St. Mary's Health First	-	-	-	-
Tower Health Nevada	-	-	-	-
United HealthCare of Nevada	0	-	-	1
Totals	67,857	10,424	4,389	82,670
Market Penetration	46.9%	28.2%	13.0%	38.4%

Table VI
HMO RURAL MEDICARE ENROLLMENT BY COUNTY
March 31, 2001

	,	Health Plan	OWH	Hometown			St. Mary's	St. Mary's Tower Health		County
County	Aetna	Nevada	Nevada	Health	NevadaCare	<b>PacifiCare</b>	HealthFirst	NV	United	Total
Carson City	-	27	-	-	1	-	-	-	-	27
Churchill	-	4	-	ı	ı	1	-	-	1	4
Douglas	-	2	-	ı	ı	1	-	-	1	2
Elko	-	0	-	ı	ı	1	-	-	1	0
Esmeralda	-	23	-	-	1	-	-	-	1	23
Eureka	-	0	-	ı	-	-	-	-	-	0
Humboldt	-	1	-	ı	ı	ı	٠.	-	1	1
Lander	-	0	-	ı	-	1	-	-	-	0
Lincoln	-	0	-	1	-	-	-	-	1	0
Lyon	-	930	-	-	-	=	-	=	-	930
Mineral	-	81	-	ı	-	1	-	-	-	81
Nye	-	3,314	-	ı	ı	ı	1	-	ı	3,314
Pershing	-	2	-	-	-	-	-	-	1	2
Storey	-	1	-	-	-	-	-	-	-	1
White Pine	1	4	-	1	1	-	_	-	-	4
Undefined	1	1	_	-	ı	_	_	1	1	0
TOTAL	0	4,389	0	0	0	0	0	0	0	4,389

Please refer to "TABLE NOTES" for important additional information.

Table VII

HMO MEDICARE ENROLLMENT TRENDS

March 31, 2001

Health Plan	Enrollment March 31,2001	Enrollment March 31,2000	Difference	Percent Change
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	43,270	67,761	-24,491	-36.1%
HMO Nevada	-	-	-	-
Hometown Health Plan	6,325	6,410	-85	-1.3%
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	33,075	30,400	2,675	8.8%
St. Mary's Health First	-	-	-	-
Tower Health Nevada	-	-	-	-
United HealthCare of Nevada	-	-	-	-
Totals	82,670	104,571	-21,901	-20.9%

**Table VIII** 

### HMO MEDICAID ENROLLMENT

### by Geographic Area

### March 31,2001

Health Plan	Clark County	Washoe County	Rural Counties	Total Medicaid
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	16,117	5	14	16,136
HMO Nevada	-	-	-	-
Hometown Health Plan	-	-	-	-
NevadaCare, Inc.	23,495	1,859	-	25,354
PacifiCare of Nevada, Inc.	-	-	-	-
St. Mary's Health First	-	-	-	-
Tower Health Nevada	-	-	-	-
United HealthCare of Nevada	7,534	-	-	7,534
Totals	47,146	1,864	14	49,024
Market Penetration	55.2%	10.1%	0.1%	40.6%

Table IX

HMO MEDICAID ENROLLMENT TRENDS

March 31,2001

Health Plan	Enrollment  March 31,2001	Enrollment  March 31,2000	Difference	Percent Change
Aetna US Healthcare	-	-	-	-
Health Plan of Nevada	16,136	7,317	8,819	120.5%
HMO Nevada	-	-	-	-
Hometown Health Plan	-	-	-	-
NevadaCare, Inc.	25,354	26,792	-1,438	-5.4%
PacifiCare of Nevada, Inc.	-	-	-	-
St. Mary's Health First	-	-	-	-
Tower Health Nevada	-	-	-	-
United HealthCare of Nevada	7,534	4,113	3,421	83.2%
Totals	49,024	38,222	10,802	28.3%

Table X

HMO NEVADA CHECK-UP ENROLLMENT
by Geographic Area

March 31,2001

### Clark Washoe Rural Total **Counties Health Plan County County** Check-Up Aetna US Healthcare Health Plan of Nevada HMO Nevada Hometown Health Plan 6,341 NevadaCare, Inc. 2,869 3,472 PacifiCare of Nevada, Inc. St. Mary's Health First Tower Health Nevada United HealthCare of Nevada **Totals** 3,472 2,869 0 6,341

Table XI

TOTAL HMO MARKET PENETRATION
by County, March 31,2001

County	Commercial Market	Medicare Market	Medicaid Market Penetration
Clark	19.5%	46.9%	55.2%
Washoe	22.0%	28.2%	10.1%
Carson City	17.9%	0.0%	*
Churchill	0.1%	0.0%	*
Douglas	4.0%	0.0%	*
Elko	0.1%	0.0%	*
Esmeralda	0.3%	0.0%	*
Eureka	0.0%	N/A	*
Humboldt	0.3%	0.0%	*
Lander	0.1%	N/A	*
Lincoln	1.6%	0.0%	*
Lyon	2.7%	0.0%	*
Mineral	0.3%	0.0%	*
Nye	7.5%	0.0%	*
Pershing	0.0%	0.0%	*
Storey	3.2%	0.0%	*
White Pine	0.1%	0.0%	*
Statewide TOTALS	17.7%	38.4%	40.6%

Please refer to "TABLE NOTES" for important additional information.
\*Medicaid eligible data for the rural areas is not applicable, see Table notes for further discussion.

**Table XII** 

### PPO ENROLLMENT

### by Geographic Area

### March 31,2001

Health Plan	Clark County	Washoe County	Rural Counties	Total Enrollment
Aetna US Healthcare	-	-	-	-
Health Plan of NV/Sierra Hlth & Life	16,497	1,349	3,518	21,364
HMO Nevada*	143,476	-	-	143,476
Hometown Health Plan	638	6,303	4,587	11,528
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	15	0	0	15
St. Mary's Health First	-	-	-	-
Tower Health Nevada	-	-	-	-
United HealthCare of Nevada	45,506	18,725	1,623	65,854
Totals	206,132	26,377	9,728	242,237

<sup>\*</sup>HMO NV did not specify a regional breakdown, only a total PPO value for the state "Clark County" was arbitrarily designated as the region for mathmatical totals to agree.

TABLE XIII

PPO ENROLLMENT TRENDS by HEALTH PLAN

March 31,2001

	Enrollment	Enrollment		Percent
Health Plan	March 31,2001	March 31,2000	Difference	Change
Aetna US Healthcare	-	N/A	-	-
Health Plan of Nevada	21,364	40,933	-19,569	-47.8%
HMO Nevada	143,476	92,150	51,326	55.7%
Hometown Health Plan	11,528	13,147	-1,619	-12.3%
NevadaCare, Inc.	-	-	-	-
PacifiCare of Nevada, Inc.	15	75	-60	-80.0%
St. Mary's Health First	-	-	-	-
Tower Health Nevada	-	-	-	-
United Health Care of Nevada	65,854	56,460	9,394	16.6%
Totals	242,237	202,765	39,472	19.5%

### **TABLE NOTES**

### General Notes on the Tables:

<u>Distinctions between Zeros, Dashes, & DNR</u>
 To increase readability, the following data presentation conventions have been used:

1. Zero: no enrollees within a county for which a Certificate of Authority (COA) has been issued to the HMO.

2. Dash (-): the HMO does not have a COA to operate in the county.

When used in "Total", "Difference", or "Percent Change" columns, this convention represents invalid mathematical calculations due to an HMO not having a COA in the county or counties or they did not report statistics for the quarter. Either way a valid number of enrollees for the calculation of interest does not exist. (e.g., in Table III, no HMO has a COA to operate in Eureka county. Therefore the "County Total" column is represented with a dash (-) to indicate an invalid mathematical total.)

In Table I, convention indicates HMO does not provide service to that population category.

3. DNR: did not report.

### Enrollment Data Reporting and Sources

All enrollment data presented within the *Nevada HMO Industry Profile* are derived from quarterly enrollment reports submitted by each HMO. Geographical allocation of enrollment data is based upon the following guidelines:

- a. Commercial plan enrollment data are reported according to the location of the employer.
- b. Medicare, Medicaid, and Nevada Check Up enrollment data are allocated according to the residence of the enrollee.

### Market Penetration Calculations and Data Sources

In general, market penetration is determined by dividing the number of enrollees by the potential enrollment population of the geographic area. The *HMO Industry Profile* uses the following conventions:

1. Commercial category: population (county or statewide) is

comprised of age group zero to 64.

2. *Medicare category*: population (count or statewide) is

comprised of age group 65 and greater.

3. *Medicaid category*: population is comprised of estimated

Medicaid eligible for Clark & Washoe Counties and statewide. (Note, for this

report, only statewide totals were

available).

The Nevada State Demographer, University of Nevada, Reno, provides data for the commercial and Medicare category 2001 population projections. The projections came from the June 2000 report titled "Nevada County Population Projections 2000 to 2010".

The Nevada State Welfare Division provides data for Medicaid eligible participants.

Estimated Medicaid eligibles were derived from monthly reports whose source is NSWD Report WL-00427. The statewide totals were compiled by NSWD from case-load reports for January, February, and March 2001 and the total Medicaid eligible statewide figure was an average of the totals for each month involved. Rural county totals are not applicable.

### Preferred Provider Organization (PPO) Data

**Important note:** PPOs and HMOs are two distinctively different approaches to healthcare coverage. Because of the differing approaches, service delivery of the two health care plans may also be dissimilar. Additionally, an HMO and a PPO may both be part of the total healthcare product line from the same insurance company.

The PPO information presented within the Nevada HMO Industry Profile is not an exhaustive listing of all PPOs that are operating within Nevada. The data presented herein are solely to provide an indication of other managed care activities with which the organization may be involved. The data are presented as reported by the HMO.

Specific Notes on the Tables:

### Table VIII

Rural Column – represents the other 15 counties within the state. Currently, Medicaid rural enrollment is too low to justify development of a separate reporting table for each of the rural counties.

Market Penetration Statistics - only valid for statewide total. County totals were not available at time of printing due to new recording systems being used by the Nevada State Welfare Division (NSWD). The statewide total Medicaid eligible data were an average of Medicaid eligibles for January, February, and March 2001.

### Table IX & Table XIII

Certain values in the "Difference" columns of these two tables have been placed in parentheses. Because the respective HMO did not have figures either for the quarter a year ago or the current quarter, their values were placed in this column, using this convention, in order for all tabulated columns to agree mathematically.

### Table XI

**Important note**: The underlying data for this table were derived from

Tables I-IX. Previous notes contained under "General Notes on the Tables" should be

considered in interpreting this data.

Rural Medicaid enrollment is too low to justify reporting the rural eligibility data necessary to develop market penetration information.

### Table XII

**Important note:** HMO Nevada did not report PPO enrollment by region, rather by statewide total. For the table's totals to mathematically agree by row and column summation, Clark County was arbitrarily designated as the county to place total enrollment figures.